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SEX DIFFERENCES IN INCIDENCE OF IMMUNE RELATED ADVERSE EVENTS BY CHECKPOINT INHIBITORS IN CANCER - RESULTS FROM THE G-DEFINER TRIAL

Johan Franzén^{1*}, Rosalba Miceli², Alexander Eustace³, Hanna Eriksson⁴

¹ Dept Oncology Pathology, Karolinska Institute, Stockholm, Sweden

² Dept Epidemiology and Data Science, Fondazione IRCCS Istituto Nazionale dei Tumori, Milan, Italy

³ Dept Biotechnology, Dublin City University, Dublin, Ireland

⁴ Dept Oncology Pathology, Karolinska Institute, Stockholm, Sweden

Corresponding Author: Johan Franzen johan.franzen@ki.se

Background: Treatment with immune checkpoint inhibitors (ICIs) for cancer, including cutaneous melanoma (CM), may cause immune related adverse events (irAEs) of different severity grade. The

mechanisms that drive the development of irAEs are multi-factorial but biological sex has been

proposed to be one factor. Biological sex influence the innate and adaptive immune responses. This

could lead to risk differences of irAEs between men and women. The Gender Difference in sidE eFfects

of ImmuNotherapy: a possible clue to optimize cancEr tReatment (G-DEFINER) trial is a multicenter

international observational trial aiming to investigate sex- and gender differences in irAEs caused by

ICIs for melanoma and other cancers.

Materials and Methods: Patients with metastatic CM and other cancers treated with ICIs or

combinations thereof were recruited between 1st of February 2019 until 28th of February 2023.

Individual clinical, treatment, socioeconomic and Quality of Life data were recorded. Here we have

described and analyzed differences in type, burden and incidence of irAEs.

Results: In total 250 patients were included in the analysis. Females had a significantly higher incidence

of irAEs as compared to male. In the univariable analysis the HR was 1.31 (95% CI: 0.93-1.83; p=0.120)

and the sHR increased to 1.44 (1.02-2.03; p=0.040) after adjustments for age, number of comorbidities,

cancer type, tumor stage, ICI type, therapy setting, and chemotherapy administration. In patients

treated with anti-CTLA4 and anti-PD-1, the irAE incidence was higher and the events occurred in the

first 3 months, while in patients treated with PD-1/PD-L1 the events are continuously occurring during

the time. Specifically, 74 melanoma patients were analyzed. At a median follow-up of 10.20 months,

45 patients developed ≥G2 irAEs corresponding to a 6-month incidence (95% confidence interval):

51.5% (40.8-65.0%), 12-month incidence 65.7% (54.7-78.9%) without any significant differences between F and M. GI and endocring irAEs were most frequent. The irAE burden was found to be higher in CM patients than in patients of other tumor types (median: 6 vs 4; Kruskal-Wallis test p=0.0005). **Conclusion:** We found significantly higher incidence of irAEs in women than in men. We also found that patients treated with ICI because of CM had higher irAE burden than other patient groups. Further studies also within the G-DEFINER trial examining potential sex differences are of value in the long-term goal towards patient oriented treatment options and an overall patient centered health care.